

CURRICULUM VITAE

Personal Information

Name: JERZY IGOR (Jure) BIECHONSKI

Marital status: Divorced

Date of birth: 25 April 1953

Place of Birth. Warsaw, Poland
Emigrated to Israel in 1957,
Arrived to the U.K. 1988.
Moved to Estonia 2005

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Telephone:

Summary of qualifications

1974 – 76	<u>University of Tel Aviv</u> History & Philosophy B.A.
1977 – 80	<u>University of Haifa</u> French Literature and Educational Counselling. BA Teaching Certificate.
1980 – 83	<u>Milev (Educational Drama Centre)</u> Acting, directing, Community Theatre, Creative & Educational Drama.
1984 –86	<u>Morag Institute (Humanistic & Existential Psychology)</u> Diploma in Counselling & Group Therapy
1986 – 87	<u>Oranim Institute (Haifa University)</u> Family Therapy P.E.T. (Parents' Effective Training) Parent & ChildCounselling
1992 – 1994	<u>Roehampton Institute</u> MSc Counselling Psychology Research: Attitudes towards Individual &Group Psychotherapy
1995 -1997	Holisitc Rebirthing Institute Mater rebirther 3 year course 500 hours
1997 – 1998	<u>Psychosyntesis &Education Trust</u> Post Graduate Diploma in Psychosyntesis
1998 – 1999	<u>Colchester Institute</u> Further and Adult Education Certificate CGLI 7306 & 7307
1999 – 2000	<u>Havering College</u> Certificate in Adult Education year 2 Cert. Ed.

Courses

1983	Berlin	<u>Berlin Institute for Educational Arts</u> Drama Therapy & Psychodrama
1984	Tel Aviv	<u>Tel Aviv Art Centre</u> Japanese Botto Dance and Natural Dance
1984	England	<u>Stratford Creative Health Group</u> Rebirthing and Intuitive Counselling (200 hours training)
1985	Milano	<u>Art Therapy Italiana</u> Art & Dance Therapy
1988	London	<u>HRI (Holistic Rebirthing Institute)</u> Practitioner Course in Rebirthing
1989		<u>Usui Shiki Ryoho School of Reiki</u> First and Second degree in Reiki Natural Healing Method
1989		<u>The Reflexology Centre</u> Reflexology & Zone Therapy of the foot
1989		<u>The Institute of Stress Management</u> Diploma in Stress Management
1988 – 1989		<u>The UK Training College of Hypnotherapy & Counselling</u> Certificate in Hypnotherapy & Counselling
1989 – 1990		<u>The UK Training College of Hypnotherapy & Counselling</u> Diploma in Hypnotherapy & Counselling
1989 – 1990		<u>The Atkinson Ball College of Hypnotherapy and Hypnohealing</u> Advanced Diploma in Hypnotherapy & Hypnohealing
1990		<u>Metanoia</u> Transactional Analysis Course 101

Work experience

- 1977— 81 Megido Secondary School
Teacher and School Counsellor.
Duties included running a support system for parents.
Liaison with social services department.
- 1981 — 82 Department of Extramural Education. Haifa

Creative Drama teacher, Drama Therapist.
- 1982 – 84 Department of Education. Rishon Le Zion

Community Theatre, Actor, Director.

Drama teacher in Primary Schools.

Drama therapist for hyperactive children.
- 1984 – 88 Self Employed counsellor and Art therapist
- 1988—1989 Sinclair House, Youth and Community Centre. London
Training for youth workers
Setting up and running a community voluntary services
Full time youth worker.
- 1989- 1997 LIFE-FORCE Centre for Natural Well Being
Director, Counsellor and Hypnotherapist.
Managing and developing counselling services
Special interest panic attacks, eating disorders and children
- 1990 —1998 The Institute for Holistic studies
Director, teacher,
Managing and developing counselling services

1990 – 1995	<u>OPEN ROAD Holistic Centre for Alcohol and drug addiction</u> Consultant Psychotherapist Responsible for assessments and referrals
1994 — 1997	<u>LIFE-FORCE School of Counselling</u> Director, designing and delivering counselling and supervision courses
1994 – 1998	<u>Mid Essex Health Authority</u> Organising seminars in team building
1994 – 1998	THE LINDEN CENTRE, BROOMFIELD HOPISTAL Staff support group for psychiatric nurses.
1999-	Director, founder and curriculum developer of SACH International School of Analytical and Cognitive Hypnotherapy and Psychotherapy School of Transpersonal Psychology and Hypnotherapy
2004 -	Visiting lecturer Sichuan University, Chengdu, People's Republic of China, Department of applied psychology Awarded professorship in 2006!
2005 -	Visiting lecturer Tartu University, Tartu, Estonia Department of Education
2005 -	Visiting lecturer in medical school in: Pondicherry, India Calicut, Kerala, India
2005 -	Visiting lecturer of BSI, International business school in: Bangalore, India Calicut, Kerala, India.
2005	Director of Terviklik Mina OÜ
2007	Visiting lecturer Tijuana Medical School Mexico.
2008	Psychology adviser to Breast Cancer support group Dr Homero Fuentes de la Penna Tijuana Mexico Dr Loti Popescu Constanta Romania
2010	Psychoneuroimmunology facilitator Chisnau, Moldova Budapest Hungary

2010 visiting professor for WAEH, teaching hypnoanalysis for PHd students.
Morelia, Mexico

Creator of Corporate therapy and THA transactional hypnoanalysis.
Lectured for Universities, Business colleges, Medical school, and international corporation
in more than 53 countries around the world.

2006 Director of Terviklik Mina OU
Estonia

Schools in: UK, Mexico, Estonia, Rumania, Moldova, Hungary

TEACHING AND GROUP EXPERIENCE

Teaching seminars and classes in Assertiveness, team building, counselling skills, leadership skills, stress management to the Educational authorities in Essex as well as to the Mid-Essex Health Authority. Essex Police Force.

Facilitating staff support groups in Broomfield Hospital, Chelmsford.

Teacher on the counselling certificate, diploma and supervision courses in CSCT (Central School for Counselling and Therapy)

Supervision: Ongoing

Personal therapy: Ongoing

Fluent working ability in: English, French, Polish & Hebrew
Partial ability in Russian & Arabic